

# ZINC MAGNESIUM ASPARTATE

Advanced Mineral Support for Recovery, Performance, and Sleep

**FASTER RECOVERY**

**ENERGY SUPPORT**

**HORMONAL BALANCE**



**PLACE ORDER TODAY**



## RECOVER WHILE YOU SLEEP. PERFORM WHEN IT COUNTS.

Athletes push their bodies hard. Recovery is where progress happens. Zinc Magnesium Aspartate is designed to support your body during its most critical recovery window, sleep. By supplying essential minerals often depleted through intense training, this formula helps you bounce back stronger and ready for the next session.

Zinc plays a key role in muscle tissue repair, cellular growth, and hormone function. After demanding workouts, zinc helps support the rebuilding process that allows muscles to recover and adapt.

Magnesium Aspartate supports ATP production, muscle contraction, hydration, and electrolyte balance. This helps support better energy utilization, muscular performance, and overall training output, especially during high volume or high intensity training cycles.

Vitamin B6 completes the formula by enhancing absorption and utilization of zinc and magnesium. The result is a synergistic mineral blend that supports recovery, performance, and sleep quality, all in one simple nightly supplement.\*

## TRAIN HARD. RECOVER SMARTER. REPEAT.

## FREQUENTLY ASKED QUESTIONS

### Is this the same as ZMA?

Zinc Magnesium Aspartate follows a ZMA-style formulation using zinc, magnesium, and vitamin B6 to support recovery, sleep, and performance.

### When should I take it?

Most athletes take it before bed to support overnight recovery and sleep quality.

### How long before I notice results?

Many users notice improved sleep and recovery within 1-2 weeks of consistent use, though results vary.

### Can this be stacked with other supplements?

Yes. Zinc Magnesium Aspartate stacks well with creatine, protein, pre-workouts, and hormone-support supplements.

### Does this increase testosterone?

This product supports normal hormonal function by supplying key minerals. It does not contain hormones.

**Suggested Use:** Take 2-3 capsules daily before bed, preferably on an empty stomach, or as directed by a healthcare professional.

## WHOLESALE

### CASE DIMENSIONS

9.375" X 7.1875" X 4.5625"

### BOTTLE DIMENSIONS

2.3125" D X 4.25" H

### BOTTLE - LID - SEAL

225CC • 45MM • 80MM X 24MM

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to know more about  
Zinc Magnesium Aspartate



**SAN**<sup>®</sup>  
We Deliver RESULTS!

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.